

January Challenge: House Organization and Declutter Checklist

Use this checklist to help you get your home organized, decluttered, and cleaned for the new year.



BASEMENT/STORAGE

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| ☐ Organize/declutter all Christmas decorations | ☐ Organize/throw out old tools (including nails, screws, etc.) |
| ☐ Throw out old paint cans | ☐ Declutter/throw old/unwanted items |
| ☐ Declutter/organize storage bins (get new bins if needed) | ☐ Donate/throw left over home remodeling items (tiles, extra wood, grout, etc.) |
| ☐ Throw away broken electronics (old phones, printers, etc.) | ☐ throw out/organize old cords, adapters, and extra loose items |
| ☐ Clean and clean out extra fridge/freezer and throw out old food | ☐ Throw out expired chemicals or cleaning products |
| | ☐ Throw out unwanted lights or light bulbs |

CLOSETS/BEDROOMS

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| ☐ Donate/throw away clothes/coats/shoes you no longer need or have outgrown (remember less is more) | ☐ Throw out old/worn tank tops and t-shirts |
| | ☐ Clean out/organize all bedroom drawers |
| | ☐ Get rid of old linens and towels |
| ☐ throw out/organize old socks and underwear | ☐ throw out/donate/organize hats, gloves, scarves, snow-boots (all winter-wear) |

BATHROOM

- ☐ Throw away expired medications
- ☐ throw out/organize old makeup
- ☐ Throw away old hair brushes
- ☐ Throw away old bath toys
- ☐ Clean inside and out of all cabinets and drawers
- ☐ Throw away expired sunscreen
- ☐ Throw away old hair ties, hair pins, headbands, etc.
- ☐ Throw away old skin, hair, and bath and shower products
- ☐ Get new bathmats and towels
- ☐ Get new shower curtains

KIDS ROOM/PLAYROOM

- ☐ Donate outgrown toys
- ☐ Throw away games/toys with missing pieces
- ☐ Throw out/organize all art and drawing supplies
- ☐ Organized toys into bins or baskets
- ☐ Throw away broken toys
- ☐ Donate outgrown costumes and dress up items
- ☐ Organized/donate books

KITCHEN

- ☐ Clean and clean out fridge/freezer and throw out old food
- ☐ Throw out old Tupperware or Tupperware with missing lids
- ☐ Donate unused appliances
- ☐ Organized junk drawer
- ☐ Throw out unused kitchen items (utensils, spatulas, etc)
- ☐ Clean out and organize pantry
- ☐ Throw out old condiments, spices, etc.)
- ☐ Throw out miss matched plates, glasses, sets, etc.
- ☐ Throw out old cleaning product and organize under the sink
- ☐ Throw out old pots and pans
- ☐ Organize all kitchen drawers
- ☐ Wipe down inside and out of all drawers and cabinets
- ☐ Throw out/get new cleaning clothes, brushes, scrubbers, dusters, etc.

OFFICE

- ☐ Organize/shred old documents
- ☐ Throw out old pens, pencils, sharpies, etc.
- ☐ Throw out old keys
- ☐ clean out/organize drawers
- ☐ Throw out old cords, adapters, etc.
- ☐ Throw out old business cards

LIVING AREAS

- ☐ Organize/sort out all drawers
- ☐ Donate unwanted books

☐ Donate/throw unwanted knickknacks

☐ Donate/sell unwanted furniture

LAUNDRY ROOM

☐ Throw out old detergents

☐ Throw out old cleaning products

☐ Throw out/get new laundry bins or baskets

☐ Organized laundry items

PETS

☐ Throw out old pet foods and treats

☐ Throw out old leashes and collars

☐ Throw away old pet toys

☐ Throw out old medications

☐ Throw out unwanted pet extra items (outgrown sweater, coats, snow shoes, etc.)

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