Indoor Plants You Should Have

Plants you should have in your home that will make you happier



- [ ] Basil - Improves both moods and recipes, basil has positive effects that come from linalool.
- [ ] English Ivy - Easy to care for and helps you breathe better, English Ivy naturally cleans the air.
- [ ] Geraniums - Pretty and cheerful colors, thought to promote peace of mind :)
- [ ] Lavender - Literally good for everything, lavender soothes anxiety and is also beautiful to look at.
- [ ] Boston Fern - Great at filtering the air much like Ivy, removing up to 1863 toxins per hour!
- [ ] Roses - According to studies, seeing roses makes you feel more relaxed and at peace. The smell is an added bonus!
- [ ] Peace Lily - An organic air purifier that brings peace indoors.
- [ ] Orchids - Bring beauty to dark winter days with orchids and bring positive energy to your room.
- [ ] Rosemary - With a beautiful aroma, rosemary has a history of bringing peace and calming to an area.

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