Packing List for Birthright

Birthright is a free ten-day trip to Israel for young Jewish adults ages 18-26 that takes you all over the country. Packing a carry-on is the only way to go for this ten day trip to Israel. {Hot tip: Copy/save this list and customize by adding new items and replacing others!}



Clothing

- [ ] Jeans/Pants (1-2) https://herpackinglist.com/best-travel-pants-for-women/
- [ ] Shorts (2-3)
- [ ] Leggings (1-2)
- [ ] Basic t-shirts / tanks (10)
- [ ] Shawl / scarf / maxiskirt (1)
- [ ] Shabbat outfit https://herpackinglist.com/guide-to-packing-for-conservative-countries/
- [ ] Underwear, socks, pajamas
- [ ] Bras (3)
- [ ] Sweatshirt (1)
- [ ] Warm jacket (1) – Only if you are going in the winter
- [ ] Towel (1, optional) herpackinglist.com/turkish-towels-for-travel/
- [ ] Swimsuit (1-2)

Shoes

- [ ] Flip-flops (1)
- [ ] Athletic shoes (1)

- [ ] Nice sandals (1)

Toiletries

- [ ] Travel-sized toiletries https://herpackinglist.com/get-free-travel-size-toiletries/

Extras

- [ ] Start your trip with at least $150 of American cash
- [ ] One small purse for your night out in Tel Aviv
- [ ] One day pack that will fit a change of clothes and a towel
- [ ] Hat
- [ ] Sunglasses
- [ ] Water bottle
- [ ] A good pair of headphones

Electronics

- [ ] A few pairs of earplugs
- [ ] A portable charger

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