

The Survivor's Guide to Traveling with Children

Road Trippin' out of town with the little ones? Don't let the long drive, drive you nuts. Follow this handy guide and you can replace "are we there yet?" with "when can we do this again?"



- ☐ Pack their favorite pillow and blanket

Traveling with little ones can come with lots of unexpected surprises. Leave yourself a little extra time to deal with these unplanned occurrences and you'll always be on schedule.

- ☐ Bring their favorite snuggly toy or lovie

Be sure to set the proper expectations. Rather its a long drive or plane ride if they know it might be a while it may help reduce the classic "Are we there yet?" and increase their patience.

- ☐ Bring plenty of snacks (even let them pick out their snacks, and keep a few surprise snacks handy)

You cannot have enough snacks. Bring their favorites but try add some variety as well. A hangry child in a condensed space is the thing nightmares are made of

- ☐ Buy and pack travel games (you can order so many different ones on Amazon, Target, or Walmart)

From a coloring book and crayons to a smartphone or Ipad, having the tools available to keep their mind off the long ride is a must.

- ☐ Bring an iPad or tablet so they can watch movies

- ☐ Download some kid friendly app games for your iPad or Tablet

- ☐ And don't forget the charger! (Exactly make sure you have all chargers needed)

- ☐ Buy crayons, coloring books, sticker, and activity books

If you're stressed, then they're guaranteed to be as well. Stay positive, focus on the fun and they will as well.

- ☐ Bring or pack an extra coat, socks, shoes, and winter wear just in case you end up somewhere that's colder than expected.

- ☐ Pack their favorite story books and download some audio books

- ☐ Have them pack a backpack with their favorite toys

- ☐ Bring a mini cooler with extra drinks for the kids

☐ Have plenty of napkins and wipes available

☐ Packing first aide kit is always a good idea

☐ Don't forget to teach your family some good ole' family road trip games (I spy, 20 questions, license plate games, etc.)

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