The Stress Free Moving Checklist

Follow these checklist and use these tips and tricks to ensure your move is less stressful. You can check off each item as you go along.



- [ ] Make a moving folder or box with all your important documents and papers
- [ ] Book and schedule movers and trucks at least a month in advance
- [ ] Plan for parking the moving truck. In certain cities you need permits to park moving trucks
- [ ] Begin decluttering your home early
- [ ] Decide what furniture, decor, kitchenware, etc you are keeping and sell or donate that stuff early
- [ ] Measure your furniture and compare it to your new home.
- [ ] Begin packing early the things you know you won't need for the next few weeks
- [ ] Don't forget to label boxes
- [ ] Take photos of serial numbers of valuable items
- [ ] Pack valuable items mindfully. You might want to bring some of those things over to your new place on your own
- [ ] Figure out what to do with pets during the move
- [ ] Reserve your elevator early if needed
- [ ] Notify your utility companies
- [ ] Secure important documents. Keep them all together
- [ ] Gather medical records and find new doctors if needed
- [ ] Update voter registration
- [ ] Update your auto and homeowners insurance

- [ ] Schedule your address change. (make sure it's with the actual USPS website)
- [ ] Update cable and internet providers and schedule your cable internet service for move in date
- [ ] Fill prescriptions and find a new pharmacy
- [ ] Deep clean your current home and new home or schedule a cleaning company to come the day of move
- [ ] Clean out the pantry. Don't grocery shop a week to two weeks out. Eat what you have so it will be less food to donate or move over
- [ ] Take pictures of how televisions, computers, and gaming systems are set up
- [ ] Keep loose hardware together and label as you take furniture apart
- [ ] Update subscription services and cancel services you won't need anymore
- [ ] Think about any deliveries that might still be routed to your current address
- [ ] Leave a note for new home-owners of any things they might need to know about the home (example water filter model for refrigerator)
- [ ] Check all nooks and crannies more than once
- [ ] Check the weather day of move
- [ ] Pack a separate bag of essentials in case anything happens to move or moving truck
- [ ] Finalize all moving details
- [ ] Get out cash to tip movers
- [ ] Round up all keys to hand off to the Realtor or landlord
- [ ] Update credit and debit cards with new address as well as any auto subscriptions
- [ ] Good Luck!

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