FIRST BABY CHECKLIST

Everything you need to buy.



NURSERY

- [ ] Bassinet and crib
- [ ] Crib mattress
- [ ] Noise machine
- [ ] Dresser
- [ ] Changing area
- [ ] Rocking chair or glider
- [ ] Baby monitor

LINENS

- [ ] 2 quilted mattress pad
- [ ] 2 fitted crib sheets
- [ ] 2-4 waterproof mattress pads
- [ ] 2 light blankets

OTHER BABY ESSENTIALS

- [ ] New born size pacifier
- [ ] Infant car seat and stroller combo
- [ ] Pack-n-play for travel
- [ ] Sling/carrier
- [ ] Swing
- [ ] Bouncy seat

CHANGING TABLE

- [ ] Diapers (plan on using 70-90 per week for the first six
- [ ] Disposable diaper wipes (alcohol-free)

weeks, then 50 per week)

- [ ] Pad for baby to lie on during changing
- [ ] Diaper rash ointment or cream
- [ ] Diaper pail to dispose of soiled diapers

BATH

- [ ] Baby bath tub
- [ ] 4-6 washcloths
- [ ] Baby soap
- [ ] Rounded-tip nail scissors or clippers
- [ ] 4 terry cloth bath towels
- [ ] Tearless shampoo
- [ ] Brush and comb
- [ ] Bulb syringe nasal aspirator

EATING

- [ ] 1 bottle and nipple brush for cleaning
- [ ] 12 Burp cloths
- [ ] 12 Bottles
- [ ] Milk storage bags
- [ ] Dishwasher basket for bottles and nipples
- [ ] 12 Bips
- [ ] Breastpump
- [ ] Get soothing pads for nipples

MEDICINE CABINET

- [ ] Thermometer
- [ ] Drops to relieve gas
- [ ] Cool mist vaporizer
- [ ] Pain reliever/fever reducer medicine
- [ ] Teething rings to soothe teething gums
- [ ] Infant sunscreen that is over 6 months

Make and Share Free Checklists
checkli.com