

Ways to make a significant other feel loved

It's a new year, and we're all searching for ways to do things differently, or even do things better. Here are ways to show your affection better for the one you love.



- ☐ Say how you feel more often
- ☐ Leave a personal note
- ☐ Hold hands
- ☐ Cook a favorite meal!
- ☐ Plan a getaway
- ☐ Prepare breakfast in bed
- ☐ Offer compliments
- ☐ Call and leave a sentimental voicemail
- ☐ Plan a picnic
- ☐ Rub their shoulders
- ☐ Snuggle
- ☐ Always offer your full attention when possible
- ☐ Write a song or poem for them
- ☐ Run an errand for them
- ☐ Complete a house chore for them
- ☐ Fill the house with his/her favorite flower
- ☐ Create a romantic playlist for them
- ☐ Plant a spontaneous 10 second kiss on them

- ☐ Take him/her horseback riding
- ☐ Offer to do something nice for their family
- ☐ Take him/her on a walk in the neighborhood or someplace special
- ☐ Relax in a bubble bath together
- ☐ Randomly their hand and dance to a special song
- ☐ Recreate your first romantic date/outing together

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