Winter Essentials for a Baby

First winter with a baby? Here's what you'll need.



- [ ] Snow suit - more than just a heavy blanket, you'll want something warm that fits the baby's body if you're mobile outside
- [ ] Hats, mittens and foot coverings for the extremities. These won't be necessary once you're inside a heated environment
- [ ] Sweaters (around 2-3 of them) - look for some options that snap in the front for easy access and cover the whole body
- [ ] A blanket - more than one of your lightweight "receiving blankets," you'll need something warmer like fleece that protects against snow, sleet and wind
- [ ] Footed sleepers and sleep sacks (around 3-5 of them) - these are helpful to keep the baby warm without overheating him/her
- [ ] Get a heavy stroller blanket and a car seat cover
- [ ] Moisturizer/lotion for the baby's body - ones that do not contain perfume. Find ones particular for baby skin with ingredients like almond, olive, coconut or palm oil
- [ ] Home & car emergency kits
- [ ] Hand sanitizer

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